



A NEW LEGACY
FAMILY SERVICES

PARENTS & FAMILIES,

**WELCOME TO
THERAPEUTIC DAY
TREATMENT SERVICES!**

Provided by:
A New Legacy Family Services

**OUR MAIN OFFICE IS LOCATED:
ST. LUKE LEGACY CENTER**

900 St. James Street, Suite 100
Richmond, VA 23220

PHONE: 804-441-5366, ext 1

EMAIL: info@anewlegacy.org

WEBSITE: ANewLegacy.org

THERAPEUTIC DAY TREATMENT: LEARNING, BEHAVIORAL, & EMOTIONAL SUPPORT

We offer safe and supportive therapeutic school based services for students ages 5-18. Students are referred for services based on their inability to manage their behavior and emotions in the classroom without support.



EDUCATION

Is your child struggling to pay attention and stay engaged during the school day? Are their grades dropping? Are you receiving emails and calls from your child's teachers and school?



BEHAVIOR

Has your child's behavior changed since the pandemic or has every school year been hard? Does your child have any positive outlets or extracurricular activities to keep them engaged?



EMOTION

Has your child been able to control their emotions? Have they been able to express their feelings about how they feel about the sudden life changes we've all experienced due to the pandemic and otherwise?

WHAT IS THERAPEUTIC DAY TREATMENT?

TDT was created to support and keep youth in the traditional school setting.

TDT is a school or center based program that has the combination of clinical evaluation, psychotherapeutic interventions, medication education and management, with daily opportunities to learn and use social, emotional, and independent living skills through individual, group, and family counseling.

THE GOAL FOR A NEW LEGACY:

The goal of A New Legacy Family Services is to create an effective community based program model with a wraparound approach that provides education, resources, practices, and services that address the mental and behavioral health needs of an entire family that are culturally specific and holistic in nature.

We want to ensure that our offerings are affordable and accessible, which are common barriers to high quality alternative health services. We can ensure that the community will have access to and be aware of all that we have to offer the Greater Richmond area and beyond.



What You Need to Know to: A New Legacy TDT Enrollment Process



Referral is completed and received by school

The school's POC completes a referral form and emails or faxes to ANLF.

Make sure the student's name is spelled correctly, DOB is included, and (if possible) Medicaid number.

Medicaid is verified and the school POC is contacted to move forward or not based on Medicaid carrier of student.

01



Assessment is scheduled with parent by clinician

ANLF Clinical Supervisor contacts parent/guardian to schedule 45m assessment call. Families can be unresponsive, sometimes the school's POC has to assist in making this connection. **Digital intake packet will be sent to be completed before services can begin.**

02



Assessment is completed and authorization is submitted for approval

ANLF Clinical Supervisor completes assessment and authorization to be submitted to Medicaid for approval.

Sometimes, more information is needed to demonstrate the student's need for services - *the school's POC can provide reports, anecdotes, etc.*

03



Student is approved or denied by Medicaid

Authorizations can take up to 14 business days to be approved or denied. Once a decision is made, ANLF Clinical Supervisor will communicate this with the school's POC. *If denied, clinician can resubmit for reconsideration with more information but this is not guaranteed.*

04



Student's services are initiated

If student is approved for services, they will be assigned a counselor and receive a start date. **Student's intake packet has to be completed and signed before services can begin.** Counselor will introduce themselves to the teacher(s) of the student.

05

Submit referrals online:
anewlegacy.org/referrals

Submit referrals via email:
info@anewlegacy.org

Submit referrals via fax:
804-452-7481

★ FREQUENTLY ★

ASKED QUESTIONS

01

HOW DID MY CHILD GET REFERRED?

They were referred by the school's administration or counseling team because they believed your child would benefit from more support than they can provide.

02

HOW IS MY CHILD APPROVED FOR SERVICES?

Children are approved by their Medicaid insurance carrier based on their need which is identified by the clinician's assessment. Authorizations are for 3 months.

03

WHAT ROLE DOES THE TDT COUNSELOR HAVE?

We are behavior and emotional support for your child. We have a caseload of 6 clients per counselor, we work with them one-on-one and in group settings. We are advocates for your child's success in school.

04

WHAT CAN'T THE TDT COUNSELOR DO?

We are not tutors, we support your child's academics by maintaining their behavior. We do not make decisions that the school's administration does.

05

WHAT GOALS ARE BEING ADDRESSED?

Social skills, emotional regulation, impulse control, conflict resolution, problem solving skills, defiance with adult authority, symptoms of anxiety and depression, daily living skills.

NOW ACCEPTING NEW CLIENTS!

A New Legacy Family Services provides culturally relevant and holistic wraparound mental and behavioral services that meet the needs of individuals and whole families.

Everything we do is FOR US, BY US.

Call us today for more information!



Therapeutic Mentoring Program

We offer therapeutic mentoring that improves family dynamics and helps transition youth back into their homes.



Therapeutic Day Treatment In School, After School, Summer

We work with youth in and after school, and during the summer to provide innovative programs and interventions.



Intensive In-Home Services

We support youth at risk of being placed outside of their home and those who are returning home.



Parent Coaching Services

We work with parents to reinforce best parenting practices to provide better outcomes for their family.



Outpatient Therapy Services

We provide outpatient therapy that supports positive change in areas of concern to the lives of youth, adults, couples, and families.



Mental Health Skill Building

We support adults in learning essential life skills that help them advance in life and to become independent.

We are located in the Greater Richmond and Tri-City Areas:

Richmond, Henrico, Chesterfield, Hopewell, Petersburg, Caroline County

Insurances
Accepted:



Medicaid

aetna



Fax: 804.452.7481
Email: info@anewlegacy.org



Referral Number:
804.441.5366, ext 1

WWW.ANEWLEGACY.ORG



NOW ACCEPTING CLIENTS!

A New Legacy Family Services provides culturally specific and holistic wraparound mental and behavioral health services that meet the needs of individuals and the whole family.



OUTPATIENT THERAPY

We provide the all-year round support for youth, adults, and their family's mental health needs - both in the community and virtually. Utilizing a strength-based approach, our licensed mental health professionals support individuals in identifying ways to navigate or change the narrative of their own life to create a new legacy of mental wellness.

Submit an online request today to start your healing journey!

Insurances Accepted:



Medicaid

Anthem.

OptimaHealth



Virginia
Premier.



LEARN MORE ABOUT OUR PROGRAM!

CALL : (804)441-5366, EXT 1

VISIT : ANEWLEGACY.ORG